



Esher Rugby Football Club, The Rugby Ground, 369 Molesey Road, Hersham Surrey. KT12 3PF

Tel 01932 220 295 Ltd **Fax** 01932 254627 **Web** www.esherrugby.com

Email - minisandjuniors@esherrugby.com or sharon.pedliham@btopenworld.com

Season 09/10

Dear Parent

On behalf of Esher Rugby I would like to welcome you and your child to the club and provide you with some information about our activities. The club provides opportunities for young people between the ages of six and eighteen to receive coaching and competition in rugby. All coaching is supervised by RFU qualified coaches who are trained and have been screened for their suitability for working with young people. Below is some information about training times and dates, and details regarding travel arrangements, kit and club registration.

Mini (U7-U12, School Years 1-7 inclusive) training sessions take place on Sundays between 10 and 12 noon at the Rugby Ground. We do expect any child under the age of 12 to be accompanied at the Club by a parent or nominated carer. This may be another nominated parent but please let your Team Manager know who is responsible for your child, in the event of any incident or injury.

Junior U13-U18's (Year 8 – 6th Form) training times can vary but generally are between 12 and 2 pm on Sundays throughout September – April. All Junior teams at U13+ play 15-a-side rugby and compete in the Surrey RFU leagues. If squad sizes are big enough we enter two teams per age group so that all players gain from match play experience. No child can develop without playing time and this is an essential part of our ethos at Esher. We do not strive to be elitist, nor have a win at all cost philosophy. We are a fully inclusive rugby club and aim to get the best from every player. We also have Junior Girls Rugby and have an **U15 Girls team (Year 7-9)** and **U18 Ladies (Year 10 +)**. Older Mini age groups and Junior squads also train mid-week but nights vary so please check with you age group coach.

Arrangements should be made for your child to travel to and from junior training sessions and matches. We appreciate it if children can arrive and be collected promptly. If you are going to be late picking your child up, please contact your child's Team Manager and let them know. Contact numbers are in the Club Handbook. Club training kit consists of socks, shirts and shorts and is available from the Club Shop on Sunday mornings. The cost of each training session and competitions are free. The club has a membership fee of £90 (parent membership) plus £40 per first child and every subsequent sibling at £20 p.a. We would be grateful if you could complete the attached membership forms. For the safety of your child it is important that the club is informed of any medical condition or allergies that may be relevant should your child fall ill or be involved in an accident while at the club. If you would like to talk to someone at the club about this information or your child's involvement with the club, please contact me directly. We look forward to your child becoming a happy and valued member of our junior section and wish everyone a safe and enjoyable season of rugby. Finally, there are many other social activities at the Club which you can be part of, including Le Petit Nantais Celebrity lunches (last guest speaker was Joe Worsley), so please continue to support your Club through these events.

Wearing my Youth Development Manager's hat – if your child's school would appreciate some help in coaching rugby please let me know as we also offer coaching sessions in school. If you have any welfare concerns or queries regarding our junior members please contact me. Otherwise, I wish you and your children a very happy and fulfilling season of rugby.

Kindest Regards

Sharon Pedliham

Youth Chair and Development Officer

07974 701818 e-mail: sharon.pedliham@btopenworld.com or minisandjuniors@esherrugby.com

PS Please do not forget that your membership entitles you and your child to watch our First XV compete in National Division One at Home matches, free of charge, so long as you are accompanied to the match by your child, wearing their Esher kit. Come and see top quality senior rugby completely FREE!



ESHER RUGBY

MEMBERSHIP SUBSCRIPTIONS

ESHER MINI & JUNIOR RUGBY FOOTBALL CLUB

STANDING ORDER FORM

To: The Manager of _____ Bank plc Address:

POST CODE _____

Please pay

Barclays Bank PLC, 49,High Street, Esher ,Surrey, KT10 9RH

Account Name: Friends of Esher Junior Rugby

Account Number: 50003565

Sort Code: 20-90-56

The sum of £11 pounds now and on the 1st of each month until further notice.*

A/c Holders Name(s) _____ Address _____

Account Number

Sort code

Signed _____ Date _____

This order amends any existing order to the above account

** Please delete as appropriate*

MINI CODES OF CONDUCT

Junior Club Rules

Esher Rugby is fully committed to safeguarding and promoting the well being of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and be encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with any member of the Youth Executive Committee listed previously.

PLAYER CODES OF CONDUCT

- **Play because you want to** – not to please parents or coaches **All members must play within the rules and respect players, coaches, and officials and their decisions.**
- Skill development, **fun and enjoyment** are the most important part.
- **Never argue with the referee.**
- Play well for yourself and your team. Understand the importance of team loyalty.
- Be a good sport; recognise all good play whether by your own team or your opponents, win or lose.
- Treat all players as you would like to be treated; do not interfere with, bully or take unfair advantage of any player. Tell a coach or parent if you are concerned.
- Be attentive at all training and coaching sessions.
- Play by the Laws of the game and accept without question, the referee's decision.
- Wear your Club kit with pride and remember that you are a representative of the club when you are wearing it.
- **We do not accept bad behaviour or sportsmanship either on or off the field.**
- Members must wear suitable Club kit (boots with safety studs, mouthguards, club kit) for training and match sessions.
- Members must ensure that they bring adequate water for hydration during training sessions.
- Inappropriate language is not acceptable

PARENTS/CARERS CODE OF CONDUCT

- Encourage your child to learn the rules and play within them.
- Discourage unfair play and arguing with officials.
- Help your child to recognise good performance, not just results.
- Never force your child to take part in sport.
- Set a good example by recognising fair play and applauding the good performances of all.
- Never punish or belittle a child for losing or making mistakes.
- Publicly accept officials' judgements.
- Support your child's involvement and help them to enjoy their sport.
- Use correct and proper language at all times.
- Breaches of the above could result in your membership being withdrawn.
- Lead by example and educate your children about the Codes and why we have them

COACHES CODE OF CONDUCT

- Provide experiences matched to the player's ages and abilities, as well as their physical and mental development.
- Ensure youngsters are coached in a safer environment with first aid to hand.
- Avoid the overplaying of the best players, by using a squad system which gives every player satisfactory playing time and supports the Club's policy of inclusion..
- **Never** allow a player to train or play when injured.
- Ensure supervision of players, on or off the field.
- Recognise that young players should never be exposed to extremes of temperature, or unacceptable risk of injury.
- Be aware of and abide by, the policies and procedure outlined in the Sport England/RFU RFU Welfare of Young People Child Protection policy.
- Coaches working with players up to the age of 12 must follow the guidelines laid down by the RFU Rugby Continuum.
- Coaches working with players 13+ must be aware of the law variations, according to the RFU Rugby Continuum.
- CRB clearance is compulsory
- Qualification at RFU 1*4 Sport National NVQ Level 1 and above is mandatory for Head Coaches. Assistant coaches will need to working towards this, or have also passed this award.
- Coaches are obliged to display high standards of behaviour (on and off the field) and to encourage fair play at all times.

EQUITY POLICY

Esher Rugby is committed to ensuring that equity is incorporated across all aspects of its development. In doing so it acknowledges and adopts the following Sport England definition of sports equity: Sports equity is about fairness in sport, equality of access, recognising inequalities and taking steps to address them. It is about changing the culture and structure of sport to ensure it becomes equally accessible to everyone in society. The club respects the rights, dignity and worth of every person and will treat everyone equally within the context of their sport, regardless of age, ability, gender, race, ethnicity, religious belief, sexuality or social/economic status. The club is committed to everyone having the right to enjoy their sport in an environment free from threat of intimidation, harassment and abuse. The club will deal with any incidence of discriminatory behaviour seriously, according to club disciplinary procedures.

Esher Rugby Mini RFU Player Registration Form

Please complete each section in **BLOCK CAPITALS** and return all three pages to the Membership desk.

Important: Please refer to the notes at the end of this form

New registration Re-registration Data amendment Club transfer (* please tick one)

Age Group (this season as at 1st September)

U7 U8 U9 U10 U11 U12 Male / Female

RFU Registration Number (if known) _____

Esher Membership Number _____

Player Surname:	Player First Name(s)
Players Usual Home Address and Telephone Number: Postcode: Tel No:	Alternative Address of Parent/Guardian (if different) Postcode: Tel No:
Name (s) of Parents and Guardians (<i>please indicate if any are first aid trained and willing to help</i>) Mother or Guardian: Occupation: Father or Guardian: Occupation:	Please add your email and mobile numbers (<i>these will be given to your age group manager and coach</i>) Mother's email: Mother's mobile number: Father's email: Father's mobile number:
Name and Address of Player's school/college	
Medical conditions, allergies (asthma, epilepsy, food allergies etc). Please give full details and use a separate sheet if necessary. Whilst not obligatory in the interest of your child's safety we recommend that you do complete this section fully. In the event of an injury or illness all reasonable steps will be taken to contact the above, and to deal with the injury or illness appropriately. In signing this section you give permission for your child to be given mild pain relief (paracetamol) if necessary, to be administered by the adult responsible for the age group. Signed:	List medical conditions/allergies here:
I declare that the above information is correct. In signing this form I agree that the above named player can be bound by the laws and resolution of the Rugby Football Union (RFU) and it's constituent Bodies and the rules and Codes of Conduct of Esher Rugby Football Club.	Signed: Date:
Data Protection This information will be held for registration purposes only and will not be made available to any person outside the Rugby Football Union.	

